



Fit Run alla Roma By Night Run

On the occasion of the Half Marathon Roma By Night Run, Friday, August 25, 2017, we want to have everyone with us!

We have dedicated 7 kms of the race course of Half Marathon only for the athletes who don't want to take part in our competitive races (half marathon and stracittadina)

Infact, after the start of the competitive races, the Fit Run will start.

WHO CAN PARTECIPATE?

You all!

Those who want to run without competition, FIT WALKERS, NORDIC WALKERS and free walkers, alone, with their kids or their pets.

RACE COURSE

Completely illuminated and partially closed to traffic.

Start to Ponte della Musica
Ponte Risorgimento
Viale Ottaviano
Piazzale Clodi
Piazza Mazzini
Viale Angelico
End to Ponte della Musica

ROME BY NIGHT TIMETABLE

4 p.m. - Open of Hospitality Village – Ponte della Musica, Lungotevere Flaminio

6.30 p.m. – Forhans Aperinight (aperitif and live music for partecipants)

10.15 p.m. - Fit run (not competitive race)

11.30 p.m. – Final refreshment

For the fun of everyone, it is recommended the following starting order: Runners, Fit Walkers, Nordic Walkers and free walkers.

The organization does not guarantee differentiated start for categories, we rely on common sense! We are sure you will find your own group!

ENROLLMENT

Fit run is open for all.

Enrollment is open to individual athletes and sport teams.

Send us the application form and the payment received to enrollment@forhansteam.it

On race day will be possible to enroll for Fit run, but we cannot guarantee the Race Gift and the t-shirt.

PARTECIPATION FEE

FIT RUN

From March, 1 to August, 13	10 €
From August, 14 to August, 22	15 €

Bank account credit transfer:

Nr. 80012 A.S.D. FORHANS TEAM
B.C.C.
IBAN IT 33 H 08812 03200 000000080012

Credit transfer reason: **Athlete name and surname and choose race** (half marathon, stracittadina competitive, stracittadina not competitive)

Additional services, included in the inscription

Race gift and t-shirt are guaranteed to those who enroll before august, 22

Award for participation at the end of the event

Parking, Administrative office, luggage deposit, charts center, Forhansteam Aperinight with live music, security service, final refreshment, info point for Italian and foreign athletes, medical assistance (the athletes, during the race, will be followed by Ambulance with defibrillator), WC, changing rooms and showers will be available before and after the race at the Police Club, near by the start/ finish area.

BIB NUMBER DELIVERY

August, 25, 2017

From 4 p.m. to 9 p.m., at Hospitality Village, Ponte della Musica, L.go Tevere Flaminio.

RACE GIFT AND T-SHIRT

We does not guaranteed race gift and t-shirt to those who will sign up after August 22nd.

APERINIGHT AND FINAL REFRESHMENT

The Forhansteam Aperinight will be offered to all enrolled athletes.

Together with the bib number, the enrolled will receive a fluo-bracelet for the access to Aperinight (before the race) and final refreshment.

Anyone else can buy the fluo bracelet.

In case of food allergies or intolerances, please contact Veronica, pugi@forhansteam.it

CONTACTS

Fit Run info: pugi@forhansteam.it

www.romabynightrun